



AGM Nomination Form 2022

As outlined in Article 45 of the Constitution the positions eligible for nomination/election to the Board are...

- a) The Chair** who shall act as the chairperson of the Board (who shall be in addition to the Officers referred to in sub-paragraphs b) – f) below) and who shall be nominated by the Nominations Committee subject to the approval of the Company in general meeting.
- b) The Deputy Chair** who will be the vice-chairperson of the Board.
- c) The Secretary.**
- d) Two Member Representative Officers.**
- e) Two Member Officers** who shall be nominated by the Nominations Committee subject to the approval of the Company in general meeting.
- f) Two Independent Officers** who shall be nominated by the Nominations Committee subject to the approval of the Company in general meeting.

Please review in full the 'Board & Board Officer Role Description' document & associated 'GI Governance Brief' document to ensure you are fully aware of the nature of the role, the qualifications/experience required for the same and the process for appointment/election.


All nominated candidates will be assessed by the Nominations Panel against the criteria in the 'Board & Board Officer Role Description' document, only candidates who meet the criteria will be allowed to go forward for election by the members at the AGM or proceed to consideration/appointment by the Nominations Panel.

PLEASE NOTE:

- All term positions are for 3 years
- Independent Officers are defined as not being members nor shall they be a 'Connected Person'. 'Connected Person' means a spouse, parent, guardian, brother, sister or child of any member, employee of the Company or a person who has held an influential position within the Company within the past 3 years.
- No one person can occupy more than one place on the Board
- Nominations will only be accepted if both section 1 & 2 are fully completed and duly signed on this 'AGM Nomination Form'
- Candidates for election/nomination are requested to complete section 3 re endorsements of other candidates who are also going forward for election/nomination to the Board

Deadline for receipt of nominations to the Board is Sunday 3rd July 2022.

Section 1: Nomination Form				
Board Officer Position (See list on page 1)		Member Officer		
Name of nominee for position above		Ruth Larragy		
Nominee Membership No. (not relevant for Independent Officer nominations)				
	Mem No.	Print Name	Signature	Date
Proposed by		Natasha Condell		3/7/22
Seconded by		Stephen Condell		3/7/22

Section 2: Nominee Information
<p>Each candidate being nominated should complete this information section in full having consulted the 'Board & Board Officer Role Description' document & associated 'GI Governance Brief'. This information will be circulated to the membership in advance of the AGM following assessment by the Nominations Panel to give members an insight into candidates' background, experience, qualifications and skills.</p>

<p>Background/Bio (250 words max)...</p> <p>Scientist, currently working in the area of quality for Bristol Myers Squibb (BMS). BMS are a global biopharmaceutical firm with operations in Mulhuddart, Dublin 15. Within BMS I am responsible for managing the testing of biopharmaceutical products ensuring adherence to all regulatory requirements for the ultimately safety of our patients.</p>



Member of Gymnastics Ireland Board since 2019. WAG judge in Ireland for circa 18 years. Responsible for the delivery and assessment of WAG Level 1 and 2 judging education in Ireland.

WAG Brevet judge for 5 years serving as an E panel judge at Europeans, European Youth Olympic Games and a D and E judge at other international competitions.

Committee member of my local gymnastics club 'Excel Gymnastics', an inclusive club with participation in multiple Gymnastics Ireland disciplines at all levels, WAG, MAG, Acro and Rhythmic.

Sporting background/history (250 words max)...

Have an extensive history competing in Swimming and Gymnastics at a high level in Ireland. Involved in athletics through Athletics Ireland, enjoying events such as sprinting and pole vault. Enjoy and watch all sports, winter and summer disciplines.

Reason for wanting to join GI Board/Vision for GI Future (250 words max)...

I have been involved in gymnastics for most of my life, first as a gymnast and now as an active judge. I am very excited about the future of gymnastics in Ireland having watched the evolution of the sport over the past number of years. Having been a member of the GI board for the past 3 years and I excited to have an opportunity to carry on the incredible work of the current Gymnastics Ireland board to continue and develop the sport for all in Ireland over the coming years.

Qualifications/experience as relates to the nominated Board role (250 words max)...

- Committee member of Excel Gymnastics.
- International WAG Brevet Judge.
- Ph.D molecular biology/biochemistry 2013 – Dublin City University
- Through my various roles in gymnastics I believe I have a strong, in-depth knowledge of the sport. As a result I feel I can make a valuable contribution to the future development of the organisation. My professional career ensures I am always looking forward to the ultimate goal with focus on the intermediate steps required to bring these to fruition.

Section 3: Endorsements

Please list endorsements of other candidates below...

Candidate Name	Board Position