

Guide For Parents in Sport

- **SHOW** appreciation for Volunteers, Coaches and Club Officials
- Parents / guardians play an important role in **PROMOTING** children's happiness and success in gymnastics and sport.
- **ORIENTATE** children to the enjoyment of participating and his or her responsibility to the team.
- **RESPECT** the coach, the gymnasts and the sport.
- **TEACH** good behavior and respect for all
- **SET** a good example. Be a role model for your child and maintain the highest standards of conduct when interacting with young people, other parents, Coaches and Officials
- Always make **POSITIVE** comments, show approval for effort and seek to identify areas where they can improve
- Parents / guardians need to be **AWARE** of why children want to participate in sport. They want to have fun, to learn new skills, make new friends, experience challenges, to win and be successful.
- Support children to participate according to the **RULES**, their coaches guidance and the official's decisions
- **ENCOURAGE** direct communication. If your child is having difficulties in training or can't make a session, encourage him or her to speak directly to the coaches.
- Keep your goals and **NEEDS** separate from your child's experience.
- Support and root for all team members. That fosters **TEAMWORK**.
- Listen to what young people have to **SAY**

#SportsParents #ParentsInSportWeek #InvolvingParents

Sport Starts Here.