

## Floor Deductions

| Faults   | Small<br>0.10 | Medium<br>0.30 | Large<br>0.50 | Very Large<br>1.00 |
|--|---------------|----------------|---------------|--------------------|
| Failure to acknowledge the judge before and/or after exercise                |               | X              |               |                    |
| Bents arms or bent knees   | X             | X              | X             |                    |
| Legs crossed   | X             |                |               |                    |
| Insufficient height  | X             | X              |               |                    |
| Hesitation during performance of an element                                  | X             |                |               |                    |
| Deviation from straight direction  | X             |                |               |                    |
| Body Alignment   | X             |                |               |                    |
| Feet not pointed / relaxed   | X             |                |               |                    |
| Insufficient split in acro * elements  | X             | X              |               |                    |
| Failure to fulfil technical requirements in dance elements *<br>- Body shape | X             | X              | X             |                    |
|  |               |                |               |                    |
| <b>Landing Faults* - on all elements</b>                                     |               |                |               |                    |
| Legs apart on landing  | X             |                |               |                    |
| Extra arm swings   | X             |                |               |                    |
| Lack of balance  | X             | X              |               |                    |
| Extra steps/ slight hop  | X             |                |               |                    |
| Very large step or jump (more than shoulder width)                           |               | X              |               |                    |
| Body posture fault   | X             | X              |               |                    |
| Deep squat   |               |                | X             |                    |
| Brushing / gently touching the mat with hands but not falling                |               | X              |               |                    |
| Support on mat with one or two hands   |               |                |               | X                  |
| Fall on mat onto knees/ bum  |               |                |               | X                  |
| Failure to land feet first on landing from element                           |               |                |               | X                  |
| Spotting assistance (help) from coach  |               |                |               | X                  |

## GYMSTART Specific deductions on floor

|  |                |
|--|----------------|
| Deviation from text -( eg- the wrong order ) | 0.30           |
| Lack of extension in shoulders during bridge | 0.10/0.30/0.50 |
| Body alignment in all elements               | 0.10/0.30      |
| A stop between connections                   | 0.50           |
| Skill not completed                          | 0.50           |
| Hold elements not held for prescribed time   | 0.50           |
| Using hands to stand up from the floor       | 0.30           |
| BASE SCORE ON FLOOR                          | 3.00           |

### Vault Deductions

| <u>Faults</u><br><u>First Flight Phase</u>                    | Small<br>0.10 | Medium<br>0.30 | Large<br>0.50 |
|---|---------------|----------------|---------------|
| Failure to acknowledge the judge before and/or after exercise |               | X              |               |
| Hip angle (pike)  | X             | X              | X*            |
| Arch  | X             | X              |               |
| Bent knees  | X             | X              | X             |
| Leg or knee separations                                       | X             | X              |               |
| <u>Repulsion Phase</u>  |               |                |               |
| Staggered hand placement                                      | X             | X              |               |
| Bent arms   | X             | X              | X             |
| Shoulder angle (closed)                                       | X             | X              |               |
| Failure to pass through vertical                              | X             |                |               |
| <u>Second flight phase</u>                                    |               |                |               |
| Height  | X             | X              | X             |
| Body alignment  | X             | X              |               |
| Bent knees  | X             | X              | X             |
| Leg or knee separations                                       | X             | X              |               |
| Distance  | X             | X              |               |
| Deviation from a straight direction                           | X             |                |               |

|  |            |
|--|------------|
| <u>GYMSTART SPECIFIC DEDUCTIONS VAULT</u>  | Very large |
| Incorrect use of springboard<br><br>Examples include - double bounce, walking up the springboard, kick off one leg | 1.00       |
| Hip angle (Pike)   | 0.50       |
| BASE SCORE VAULT (if a vault is not performed or unrecognisable as the prescribed vault)                           | 5.00       |