



## Competition 2022

### Timetable

#### SUNDAY 6<sup>TH</sup> MARCH: Competition 2

\*8.45am - Doors open to spectators

8.00am:	Doors open for gymnasts & coaches
8.15am:	Registration
8.30 - 9.15am:	General warm up
9.15 - 9.25am:	Get ready to march on
9.25 - 9.30am:	March on
9.30 - 9.35am:	Competition warm up
9.35 - 10.15am:	Rotation 1
10.15 - 10.20am:	<i>Rotate</i>
10.20 - 10.25am:	Competition warmup
10.25 - 11.05am:	Rotation 2
11.05 - 11.25am:	Participation medals
11.25 - 11.55am:	1 <sup>st</sup> , 2, 3 <sup>rd</sup> medals and highly comm cert presentation
11.55am:	March off