



## Competition 2022

### Timetable

#### SUNDAY 6<sup>TH</sup> MARCH: Competition 3

\*12.20pm- Doors Open to Spectators

11.30am:	Doors open - Gymnasts and Coaches
11.35am:	Registration
11.50am - 2.35pm:	General warm up
12.35 - 12.45pm:	Get ready to march on
12.45 - 12.50pm:	March on
12.50 - 12.55pm:	Competition warm up
12.55 - 1.35pm:	Rotation 1
1.35 - 1.40pm:	<i>Rotate</i>
1.40 - 1.45pm:	Competition warm up
1.45 - 2.25pm:	Rotation 2
2.25 - 2.45pm:	Participation medal presentation
2.45 - 3.15pm:	1 <sup>st</sup> , 2, 3 <sup>rd</sup> medals and highly comm cert presentation
3.15pm:	March Off