

Levels Floor Symbols - March 2018

ELEMENT	0	A	B	C
Jump 2/1 turn				
Tuck jump 1/1 turn				
Tuck jump 2/1				
Split leap 1/2 turn				
Split leap 1/1 turn				
Wolf jump 1/1				
Catleap 1/1				
Catleap 2/1				
Straddle Jump/Split Jump 1/2 Turn				
Straddle Jump/Split Jump 1/1 Turn				
2/1 Spin				
1/1 spin with one leg up				
Switch Leap				
Change leg split leap 1/4 turn to straddle or side split				
Handstand 1/1 pirouette				
Backwardroll to Handstand 1/2 turn roll				
Backwardroll to Handstand 1/1 turn				
Handspring to 1 or 2 feet				
Flyspring				
Front salto tucked / piked / straight				
Straight front 1/1 twist				
Back Salto tucked / piked / straight				
Straight back salto with 1/2 twist				
Straight back salto with 1/1 twist				
Straight back salto with 1 1/2 twist				

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ELEMENT	0	A	B	C
Stretched high jump				
Jump 1/2 turn (180°)				
Jump 1/1 turn (360°)				
Jump 2/1 turn (720°)				
Tuck jump				
Catleap				
1/1 spin				
Straddle jump				
Split jump				
Split leap				
Step hop while swinging other leg up in front to horizontal				
Straddle lever hold				
Lie down stretched				
Roll over to front lie				
Push to front support				
Shoulderstand (hold for 2 secs)				
Pike fold				
Straddle fold forward, chest on floor				
180° turnaround sideways across your shoulders (straddle roll around)				
Spin position hold				
Arabesque				
Splits on the floor				

ELEMENT	0	A	B	C
Forward roll				
Forward roll to straddle sit				
Forward roll to straddle stand				
Dive roll				
Backward roll				
Backward roll straddled				
Backward roll to front support				
Backward roll to handstand				
Handstand				
Handstand forward roll				
Cartwheel	X			
One handed cartwheel	X			
Cartwheel one two (prep for roundoff)	X			
Roundoff				
Bridge & kickover				
Backward walkover				
Forward walkover				
Tic-toc				
Handspring to 1 foot				
Handspring to 2 feet				
Backflip				
Front salto				