



**European
Gymnastics**

29th Trampoline Gymnastics European Championships

Guimaraes (POR)

3rd – 7th April 2024



GYMNASTICS 
IRELAND

Selection Policy

Part 2

Part 2

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PART 2 - Technical Selection Policy

| | |
|---------------------------------------|--|
| TITLE OF EVENT | 29 th European Championships for Seniors & Juniors |
| VENUE | Pavilhão MULTIUSOS DE GUIMARÃES, Guimaraes, Portugal |
| DATES & EVENT COMPETITIONS | <p>Wednesday 3rd April 2024:</p> <ul style="list-style-type: none"> • Qualifications Junior TRA & Senior TUM • TRA Junior Team Finals <p>Thursday 4th April 2024:</p> <ul style="list-style-type: none"> • Qualifications Senior TRA • TRA Senior Team Finals <p>Friday 5th April 2024:</p> <ul style="list-style-type: none"> • Qualifications & Finals Junior SYN <p>Saturday 6th April 2024:</p> <ul style="list-style-type: none"> • Qualifications & Finals Senior SYN <p>Sunday 7th April 2024:</p> <ul style="list-style-type: none"> • All Individual Semi-Finals and Finals |
| EXPRESSION OF INTEREST (EOI) | <ul style="list-style-type: none"> • All gymnasts must be National Squad Members • EOI is via the online form and submission of this form confirms entry to the trial events EOI - TRA TUM European Championships 2024 <p>The deadline for submission of EOI is 19th January 2024</p> |
| AGE CRITERIA FOR EVENT | <p>Senior: 17 years (born 2007) or older</p> <p>Junior: 13-16 years (born 2011-2008)</p> |

- Selection is subject to fulfilling GI Selection Policies
- Maximum size of the delegation is outlined below:

| | Senior | Junior |
|----------------------------|--------|--------|
| Head of Delegation | 1 | 1 |
| Gymnasts | 8 | 5 |
| Reserves (non-travelling) | n/a | n/a |
| Coaches | 3 | 2 |
| Team Manager | 0 | 0 |
| Paramedical Staff / Physio | 0 | 0 |
| Judges | 2 | 2 |

Trial Event– 29th TRA & TUM European Championships 2024

| TRIALS | DATE | VENUE | TIME | Entry Deadline |
|-----------|-------------------------------|-------|----------|--|
| TRA & TUM | Sun 11 th Feb 2024 | NGTC | 10am-4pm | Via EOI deadline date 11:59 19 th January 2024 |

Qualification Requirements

| Category | Selection Score |
|---------------------|-----------------|
| TRA Senior Men | 54.98 |
| TRA Senior Women | 50.46 |
| TRA Senior Men Team | 161.00 |
| TRA Junior Men | 89.39 |
| TRA Junior Women | 87.32 |
| TRA Junior Men Team | 263.98 |
| TUM Senior Men | 51.3 |
| TUM Senior Women | 45.8 |

Team Selection Announcement

Selected Team Members must agree not to make any announcement regarding selection to the media or in public in any form including on any websites/Facebook until Gymnastics Ireland has announced the team selection on the Gymnastics Ireland website (www.gymnasticsireland.com)