



Spectator Information:

Trampoline

Sunday 19th May 2024

Venue: Sport Ireland National Indoor Arena, Dublin

Admission Price:

ENTRY	PER TICKET
Adult	€13.00
Child	€6.50
Family (2 adults & 2 children or 1 adult & 3 children)	€32.50

Book tickets for this event at www.gymnasticsireland.com

Registration/Competition Times & Levels

Flight	Registration	NGTC Floor Warm up	NGTC TRA Warm up	Competition	TRA Panel 1	TRA Panel 2
1	8.00am	8.00 - 8.20am	8.20 - 9.20am	9.30am	TRA NSP Level 1 7-8 yrs M	TRA NSP Level 1 11-12 yrs F
					TRA NSP Level 1 9-10 yrs F	
					TRA NSP Level 1 9-10 yrs M	
2	9.15am	9.15 - 9.30am	9.30 - 10.30am	10.40am	TRA NSP Level 1 11-12 yrs M	TRA NSP Level 2 9-10 yrs M
					TRA NSP Level 1 13-17 yrs F	TRA NSP Level 2 11-12 yrs F
					TRA NSP Level 2 7-8 yrs F	
					TRA NSP Level 2 9-10 yrs F	
3	10.30am	10.30 - 10.50am	10.50 - 11.50am	12.00pm	TRA NSP Level 2 11-12 yrs M	TRA NSP Level 3 13 yrs plus F
					TRA NSP Level 2 13-17 yrs F	TRA NSP Level 3 13 yrs plus M
						TRA NSP Level 4 11-12 yrs M
JUDGES LUNCH 1.10PM-1.40PM						
4	12.00pm	12.00 - 12:15pm	12.15 - 1.10pm	1:45pm	All FIG	
			TRA Warm-up in NGTC			
			1:10 -1:40pm			
			Warm up on FoP			
5	12:50pm	12:50 - 1:10pm	1:10 - 2:20pm	2:30pm	SYNC NSP Level 1 F	
					SYNC NSP Level 2 M	
					SYNC NSP Level 2 F	
					SYNC NSP Level 5 F	
6	2.30pm	2.30pm - 2.50pm	2.50 - 3.40pm	3.50pm	TRA NSP Level 3 9-10 yrs F	TRA NSP Level 4 13 yrs plus F
					TRA NSP Level 3 11-12 yrs F	
					TRA NSP Level 4 13 yrs plus M	
7	3.20pm	3.20 - 3.40pm	3.40 - 4.25pm	4.35pm	TRA NSP Level 5 11-12 yrs F	TRA NSP Level 5 15-16 yrs F
					TRA NSP Level 5 13-14 yrs F	TRA NSP Level 5 17 yrs plus F
					TRA NSP Level 5 13-14 yrs M	TRA NSP Level 5 17 yrs plus M
					TRA NSP Level 5 15-16 yrs M	
8	4.20pm	4.20 - 4.35pm	4.35 - 5.25pm	5.35pm	SYNC NSP Level 3 F	-
					SYNC NSP Level 4 F	
					SYNC Junior FIG F	-
					SYNC Junior FIG M	-
				6.30pm finish	SYNC Senior FIG F	-

Additional Information:

1. *Hello Deer* will be filming the official highlight video and will be posting photos to our social media pages throughout the competition,
2. Our official kit partner Quatro will be onsite in the medal zone, selling gymnastics apparel including the Gymnastics Ireland fan range.
3. Please note: *Only authorised personnel (staff, coaches, judges, gymnasts, volunteers and emergency services) will be allowed in warm up and competition area.*