



Spectator Information:

Trampoline and Tumbling Gymnastics

Sunday 22nd May 2022
 Venue: National Indoor Arena, Dublin
www.nationalindoorarena.ie

Admission Price:

ENTRY	PER DAY
Adult	€13.00
Child	€6.50
Family (2 adults & 2 children or 1 adult & 3 children)	€32.50

Book tickets for this event at www.gymnasticsireland.com

Timetable for all flights

Flight	Registration	NGTC Floor Warm up	NGTC TRA Warm Up	Competition	Trampoline Panel	Tumbling Panel
Flight 1	9am	9am	9.10am-9.55am	10am	ALL SYNCHRO	-
Flight 2	10.30am	10.30am	10.40am-11.25am	11.30am	ALL TRA NSP1	ALL TUM NSP
Flight 3	11.30am	11.30am	11.40am-12.25pm	12.30pm	ALL TRA NSP2	ALL TUM FIG
Flight 4	12.30pm	12.30pm	12.40pm-1.25pm	1.30pm	ALL TRA NSP3	-
Flight 5	1.30pm	1.30pm	1.40pm-2.25pm	2.30pm	ALL TRA NSP4 ALL TRA NSP5	- -
Flight 6	2.30pm	2.30pm	2.40pm-3.25pm	3.30pm	ALL TRA FIG	-

Additional Information:

1. *PRO Photo* will be taking the official photographs and these will be available to buy online after competition, look out for their QR code onsite.
2. *Hello Deer* will be filming the official highlight video and will be posting photos to our social media pages throughout the competition,
3. *Please note: Only authorised personnel (staff, coaches, judges, gymnasts, volunteers and emergency services) will be allowed in warm up and competition area.*

Sport Starts Here.